

## Empowering Values of the Diné Individual

### Hózhóójíík'ehgo Na'nitin

#### (Blessing Way Teachings)

Há'áhwiinít'í

Be generous and kind.

K'ézhnídzin

Acknowledging and respecting kinship and clanship.

Hane'zhdindzin

Seek traditional knowledge and traditional teachings

Hoł ílį

Respecting values

Ádá hozhdílzin

Respecting the sacred nature of self.

Hazaad baa'áhójilyá

Having reverence and care of speech

Ahéeshdindzin

Being appreciative and thankful

Hanitsékees k'ézdongo ázht'ólzin

Having a balanced perspective and mind

Há hózhó

Showing compassion and positive feelings towards others

Dlohodichí yá'át'éhégíí hazhó'ó bee yájíłti'

Expression of appropriateness and sense of humor

Ádiłjidlį

Maintaining strong reverence of self

Hanaanish ájíł'iinii bízhneedłį

Maintaining enthusiasm and motivation for one's work

Hanaanish baa hááhjinízin

Protect and care for one's work

Ádééhozhdílzin

Self identity

Ádá nitsíjíkees

Think for your self

### Naayéé'eek'ehgo Na'nitin

#### (Protection Way Blessing)

Doo hoł hóyéé'da.

Never be lazy.

Doo ádahozhdeeláada.

Never be selfish and impatient.

Doo t'áadoolé'é bich'į' ni'jilįda.

Do not be hesitant.

Doo aháni jiz'áada.

Retain self from easily hurt

Doo ak'e'jidłiida.

Never be overly emotional

Doo ni' na'ázhdíilt'e'da.

Do not be overly reluctant.

Dadılziniį jidisin

Respect the sacred.

Doo t'áadoolé'é áde'ájilnéehda

Do not overburden self

Ázhdíłł'is

Having self discipline and prepared for challenges

Na'ádízhnítaah

Asserting potentials

Doo yázhnizinda

Do not be shy.

Doo nijichxq'da

Do not pout

Doo ách'į' ni'jódłiida

Do not carry expectations  
/ anticipations of negative nature and  
circumstances

Doo adááh yájíłti'da

Do not sass or backtalk

Ádéézh't'eetjiih Finding your true being	Do ák'e'jidliida Avoid feeling sorry for self
Ádaa'áhozhniidzjii' Becoming self aware	Doo ni' na'áhozhdiidláada Avoid hindrance
Hoł hojooba' Caring for others	Doo ayóo saad bee aghá'ázhdool'áada Avoid being outspoken and talkative
Ádaa'ákozhnidzin To have awareness of self	Ádaa'ákozhnidzin To have awareness of self
Ayóo'óó'ni bee ntsijikees, bee ájit'é Being compassionate through love	Doo t'áadoolé'é áde'ájilnéehda Avoid overburdening self
Ádiihojii'níił Developing self discipline	Ádiihojii'níił Developing self discipline
Yíni dilyin bee hoł hahodit'é Characterizing self through humility	Doo ájit'jida Prohibiting self from negative doings
Há'áhwiint'j Possessing kindness; generous behavior / attitude	Doo ájiniida Prohibiting self from negative oral expressions and aggressiveness
Hoł ahojoobá'í / Ádaahojijoolbá'í Pity others as well as yourself	Doo aajoodlohda Do not make fun of others
Yíni dilyinee jiiiná Being humble	Doo hwee adaahodzóli'da Do not show off
Ha'át'e' baa'ákoznízín Know your boundaries; limitations	Doo ayóo ha'jisiida / Doo ayóo jidéez'jii'da Do not be too observant / Do not Stare
Hasht'e' ázht'ólzin Be well dressed	Té'é'j doo bá ashja'jósinda Do not welcome poverty
Hanaa áhoot'éhégií baa'ákoznízín Aware of your surroundings	Doo ayóo honáháshch'ii'da Limit personal animosity towards others
Hazaahahóózhqod Express happiness towards other	Doo ayóo aji'jida Do not be picky and particular
Ádééjilniih To always acknowledge yourself	Doo ayóo ádanahojilt'i'da Do not mock self
Diyin Dine'é Bich'j'go Yódi Ałtaas'éi Bee ádééhojilzin	